Hand 2 Hand 2

developing hand drumming techniques

C= closed note
M= muffled note
S= closed slap note
P= pause
T= toe
O=open
H=heal

L=left hand
R=right hand

Practice first at 100 bpm or less

Exercise One

C	M	S	P
R	L	R	

Exercise Two

C	M	S	T	T	T	P	P
R	L	R	L	R	L		

Exercise Three

C	M	S	T	T	T	O	O
R	L	R	L	R	L	R	R

Exercise Four

C	M	S	T	T	T	O	O
R	L	R	L	R	L	R	R

H	T	S	T	T	T	O	O
L	L	R	L	R	L	R	R

Exercise Five

O	H	T	S	T	T	T	T
R	L	L	R	L	R	L	L

Exercise Six

C	M	S	C	H	T	O	M
R	L	R	R	L	L	R	L